



When we make the Sign of the Cross, we show our belief in God the Father, God the Son, and God the Holy Spirit. We make a cross over our bodies by touching our forehead (In the name of the Father), our chest (and of the Son), and our left and right shoulders (and of the Holy Spirit).

The Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

La Señal de la Cruz (Spanish)

En el nombre del Padre
y del Hijo y del Espíritu
Santo.
Amén.



Signum

Crucis (Latin)

In nómine Patris,
et Fílii,
et Spíritus Sancti.
Amen.

Signum Sihg-noom

Crucis Kroo-chees

In nómine Patris,
ihn Noh-mee-nay PAH-trees
et Fílii,
et FEE-lee-ee
et Spíritus Sancti.
et SPEE-ree-toos SAHNK-tee.
Amen.
AH-men.